

Banks of the Dee, Field Town, Hankies
(We hope the video will help you if you are new to Field Town.)

Once to yourself, begin moving with step hops back

Foot up and down, turning in to face across on foot-together-jump, and turning down to begin double steps for second half

Chorus – (Pairs show in turn, half hey), repeat

Half Gip – pass right shoulders first half, left shoulders second half

Chorus – (Pairs galley in turn, half hey), repeat

Back to Back – right shoulders first half, left shoulders second

Chorus – (Pairs do fore capers, aka, squash beetles, in turn half hey), repeat

Half Rounds – apprentice side turns hard to start first half, second double step takes dancers to clump in center, hop backs foot together jump out to circle before all turn hard to return

Chorus – (Pairs do upright capers in turn, half hey), repeat

Chorus:

Shows off FT style by doing something and a half hey, and repeating both to get home. Column dance so the sequence is that 1st pair starts on left foot with a move, 2nd pair then 3rd pair follow, then all do the something starting with the right foot, and all do half hey. Bottoms now at the top of the set start the something again but on the right foot. They are followed by middle pair, then tops who are now on the bottom, then everyone does the something on the left foot. All half hey home.

First chorus: Show hankies by flicking up (beat 1) and out (2), ending in relaxed show position while others have their turn

Second chorus: Galley (step on beat 1, circles/hops on beat 2) and hold with foot in the air ready for doing the galley on the other foot

Third chorus: Fore capers (squash beetles), 1st half is tapping first with left toe in pairs, and with the right foot when all go together, 2nd half is tapping first with right toe in pairs, and with left foot for all together (Music slows down for capers)

Fourth chorus: Upright capers, 1st half start with left foot (which means falling back onto left foot!) for pairs, then with right foot for all together, 2nd half start with right foot for pairs and with left foot for all together (Music slows down for capers)

Field Town stepping:

Figures:

Double steps forward, step hop, step hop, foot-together-jump back to place.

Figures start on OUTSIDE foot which is left for the first half and right for the second half in all cases except Foot up and down where apprentice side does right foot start for foot up and left foot start for foot down.

Half Hey:

Side steps not double steps; back up as in figures. 1, 3 and 6 start with Left foot for first half, 2, 4 and 5 on Right; reverse this to get home.

End with 4 PC's instead of hop backs in last half of last chorus.

Galley and Capers:

(Check out the video if you are not familiar with Field Town. They are hard to describe well in words.)

Galley: Takes up two beats of music at normal tempo. Exaggerated step on one foot. Bring other knee up to hip level to the side, bring to front of dancer and make a larger and smaller circle with heel while hopping on other foot

Plain capers: Jump from one foot to the other and back with no hops

Fore capers or squash beetles: Touch/tap toe to ground in front (beat 1) and then step (2) on that foot, plain caper (3) to other foot and back (4) (MUSIC SLOWS DOWN)

Upright capers: Fall back (beat 1) onto one foot, bring feet together and jump (2 and some), land on beat 3 and fall back onto the same foot (4) (MUSIC SLOWS DOWN)

Field Town hankies:

Are held by one corner

Are floated down on beat one/first step of double steps (so they have to get up with a flick on the AND after beat 8 and before beat 1)

Are held slightly out at sides during step hops and galleys

Are scooped upward to side by leading hand, i.e., same one as foot that starts the side steps in hey

Are Down, Up, Down, Up for last four beats of dance with plain capers

Are used to accentuate the toe tap in fore capers, to help dancer jump through the step, then come down in front of the face during the first caper, and are brought out to show at waist height for the second caper

Start in relaxed show at waist level for fall back in upright capers, are used in a scoop to help the dancer jump and flung wide in 'big sun' motion during the jump and come to rest at waist level in relaxed show