

**Step Back** (Fieldtown) Double steps, handkerchiefs

Sequence : OTY, foot up, Ch, half gyp, Ch, back to back, Ch, half rounds

4 = double step. (1,2,3,hop). Hankies on the first beat.

G = Galley . Step onto one foot, make 2 circles with the other. Looking down ccw right, cw left.

ftj = foot together jump

SB = the "step back' step - two walking steps taken backward, together using the same amount of music as a double step. Hands wrap around the body alternately, left hand back when stepping on left foot, right hand back when stepping on right foot.

2PC = two plain capers using one bar of music. Hankies down and up.

css = closed side steps

For the common figures, the stepping is typically 4,4,SB,SB,4,4,G,ftj ; repeat. End figures facing opposite. Exception: the second half of HR which is 4,4,SB,SB,4,4,2PC,2PC, with the capers facing up. The 4,4,G,ftj sequence which occurs at the end of each half of the common figures is danced facing your opposite for the 4-steps and ftj. The exception to this is half way through the FU, when the galley ends facing down the set.

It has been brought to our attention that in Volume 4 of The Morris Book (Sharp and MacIlwaine) and in other sources the foot up figure is described as starting on the *inside* foot. We will teach and dance the foot up and the other figures (HG, BB, HR) as starting on the *outside* foot.

Figures:

Once to yourself : \SB\SB\

Foot Up : up and down

Half Gyp : one 4-step to opposite's position, one in place

Back to back : one 4-step to opposite's position, one 4-step to the right (or left), return on SB

Half rounds : 2 4-steps to go 1/2 way round and spiral in, SB to new place. Hard turn and return in same fashion.

Chorus : sidestep and half hey , repeat.

The sidestep part for the chorus is :

css right, css right, css left, ftj which is rllr, rllr, lrlr, ftj

Begin the sidesteps facing 45 degrees to the left of straight across. During the first two sidesteps smoothly pivot to face 45 degrees to the right of straight across. During the 3rd sidestep smoothly pivot to face straight across.

During the ss right, the right hand does two shows above and in front of the head, elbow about shoulder level. During ss left, the left hand does two shows.